



SITUATIONAL REPORT: JULY 2024

Substance Use Disorder Services & Access on Siksika Nation

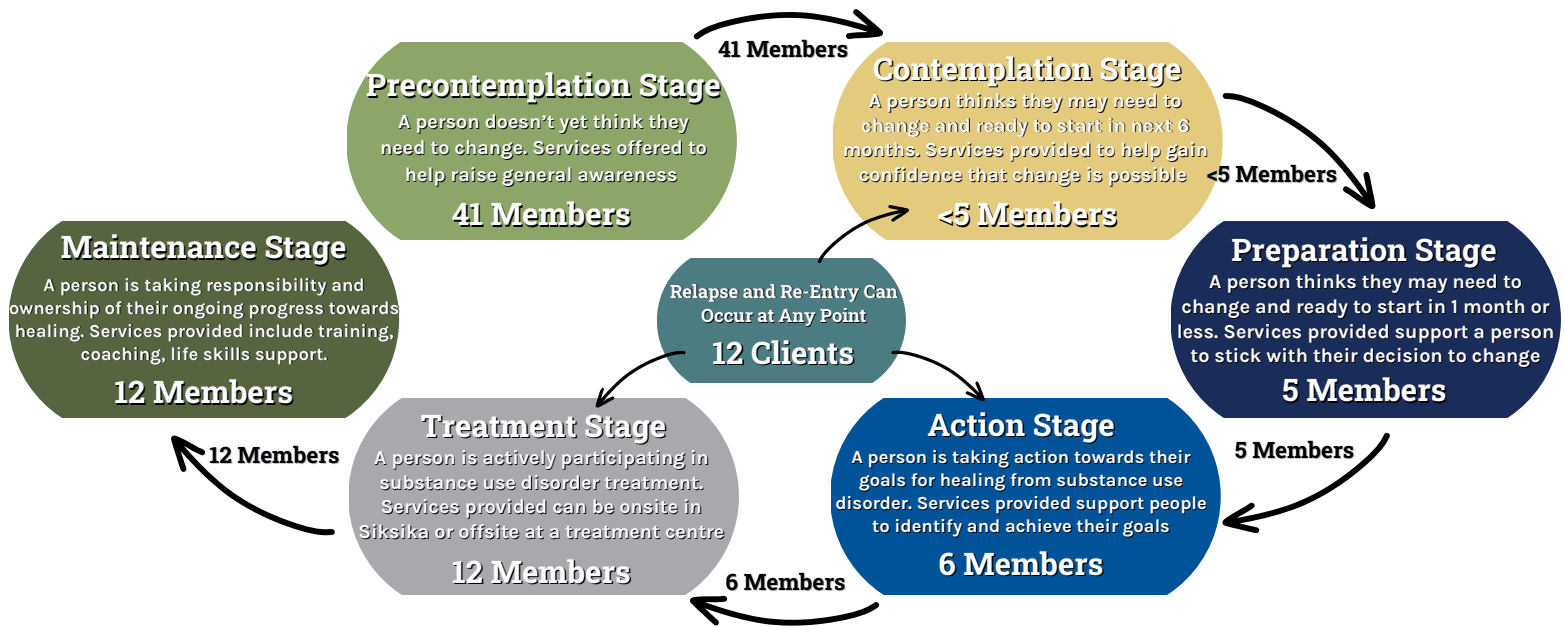
Siksika Nation has experienced an increased number of substance use disorders and related harms. Knowledge and understanding around substance use and the addiction challenges on the Nation allow for responsive, innovative, and strategic planning to create systems that support individuals and families to achieve healthy relationships and connections, because the best protection from addiction is connection to Creator, creation, self, and others.

ADDICTIONS SERVICES: SIKSIKA MEMBERS MOVEMENT THROUGH STAGES OF CHANGE

Siksika Health's Addictions Services follow the Stages of Change model. The path is not linear, as the journey to healing is not linear. This past month, our current active members were moving between the following stages on their path to healing from substance use disorder:

New People Referred to Addictions Services this Month*: **16** Total Current Active Addictions Services Members: **160**

*please note that this includes all referral types, including court orders, etc., and not all people referred choose to become Addictions Services clients.



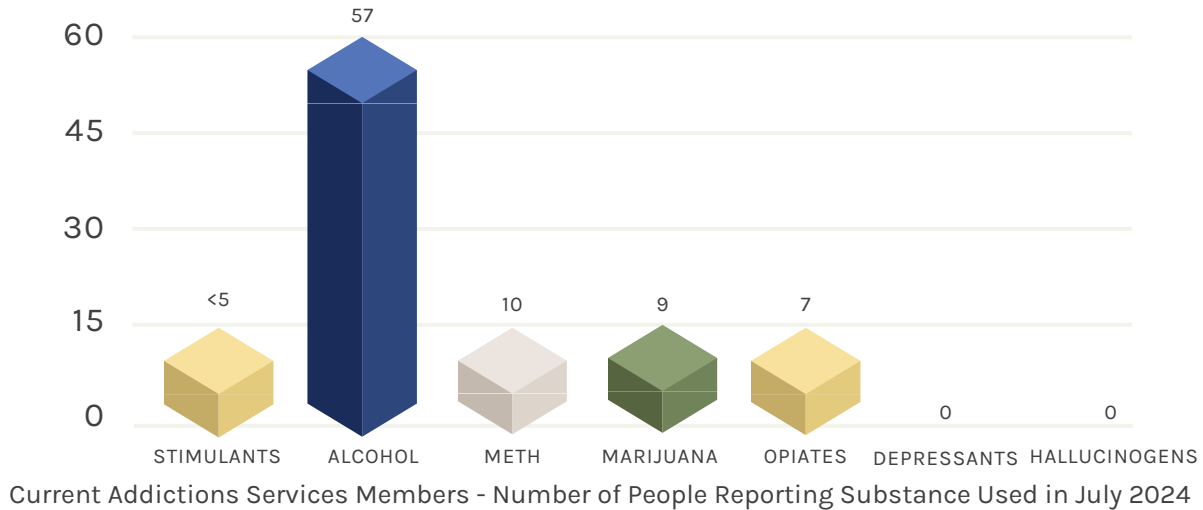
ADDICTIONS SERVICES: SIKSIKA MEMBERS GROUP & SUPPORT SERVICES PARTICIPATION

Compassionate support and group participation can be a key aspect of healing for many dealing with substance use disorder. This month, Siksika members participated in the following groups and support services:

Siksika Members Group & Support Services Participation in July 2024	
Group or Support Service	# Members
Narcotics Anonymous ("NA") Support Group	11
Alcoholics Anonymous ("AA") Support Group	18
Peer Support Group or One-to-One Peer Support	<5
Naloxone/Narcan Training	0
16-Week Matrix Outpatient Treatment Program	15
Detox Program	20

SUBSTANCES USED

Siksika Addictions Services current members report use of the following substances. Some individuals report additional presenting issues: polysubstance use or dual diagnoses in combination with mental health issues, etc.



JULY 2024 DRUG POISONING & PREVENTION STATISTICS

Often referred to as an “overdose”, a poisoning occurs when a toxic amount of a substance overwhelms a person’s body. Naloxone is an opioid agonist medication that can rapidly (though temporarily) reverse an opioid overdose. Siksika Nation members are strongly encouraged to have a kit on-hand, and be trained in recognition and response to overdose. Kits are available and free of charge at locations across Siksika; visit siksikahealth.com for current locations.



SUBSTANCE DEPENDENCY DETOX & AGONIST THERAPIES

Detoxification (detox) is the process that occurs in the body as it eliminates toxins from long-term substance use. At Siksika Health, supervised detox often involves medication, medical observation, and counselling.

Siksika Community Paramedics & Clinical Services Detox & Agonist Therapies: July 2024	
Intervention Type	# Individuals
New In-Home Opioid Agonist Therapy (Suboxone) Clients - MetroCity Partnership	<5
New In-Home Alcohol Detox Clients	<5
Ongoing Clients on Oral Opioid Agonist Therapy (Suboxone)	8
Ongoing Clients on Injectable Opioid Agonist Therapy (Sublocade)	<5
Total Addictions-Related Client Visits for Community Paramedics	46
Total Community Paramedics Patient Interactions	145

Data presented in this report is made available by various interrelated services: Siksika Addictions Services, Community Paramedics, Community Health, EMS, Mental Wellness Crisis Response Team, Alberta Health, AHS, MetroCity, and other partners.