



SITUATIONAL REPORT: DECEMBER 2023

Substance Use Disorder Services & Access on Siksika Nation

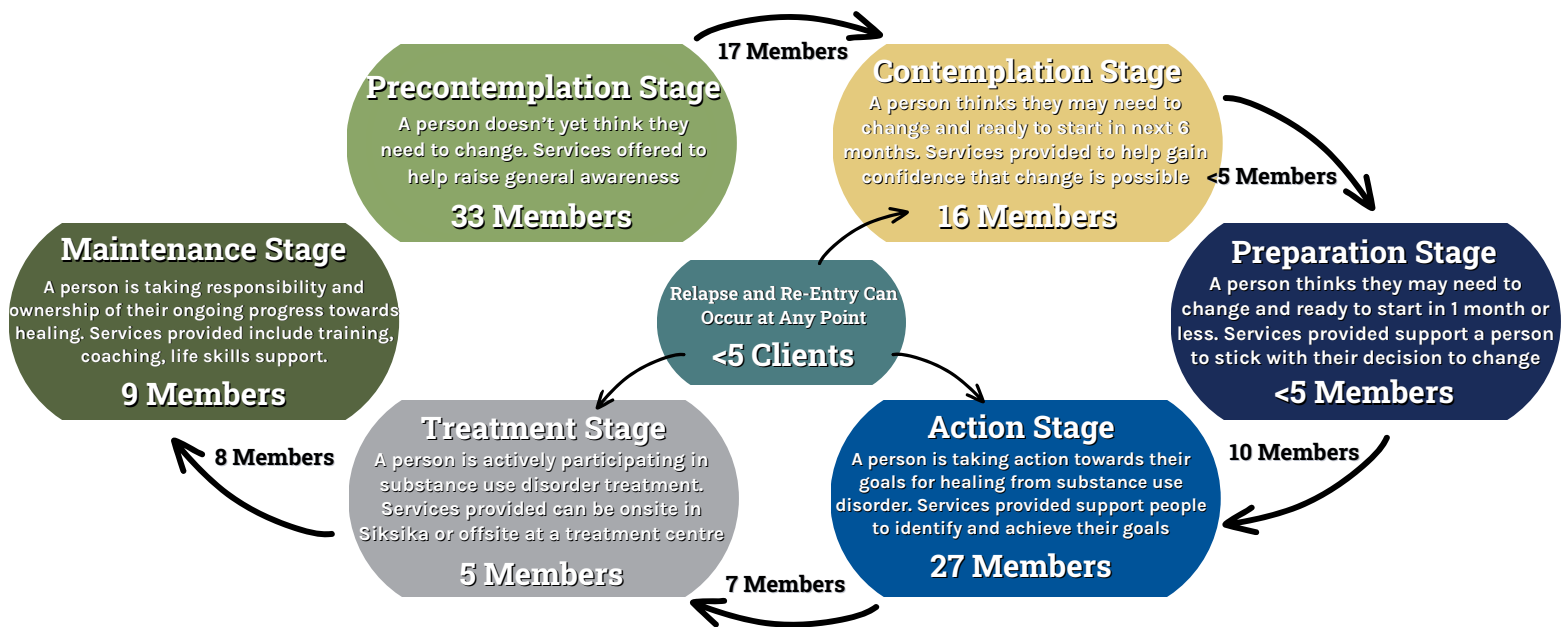
In the last year, Siksika Nation has experienced an increased number of substance use disorders and related harms. Knowledge and understanding around substance use and the addiction challenges on the Nation allow for responsive, innovative, and strategic planning to create systems that support individuals and families to achieve healthy relationships and connections, because the best protection from addiction is connection to Creator, creation, self, and others.

ADDICTIONS SERVICES: SIKSIKA MEMBERS MOVEMENT THROUGH STAGES OF CHANGE

Siksika Health's Addictions Services follow the Stages of Change model. The path is not linear, as the journey to healing is not linear. In the month of December 2023, our current active members were moving between the following stages on their path to healing from substance use disorder:

New People Referred to Addictions Services this Month*: **17** Total Current Active Addictions Services Members: **142**

*please note that this includes all referral types, including court orders, etc., and not all people referred choose to become Addictions Services clients.



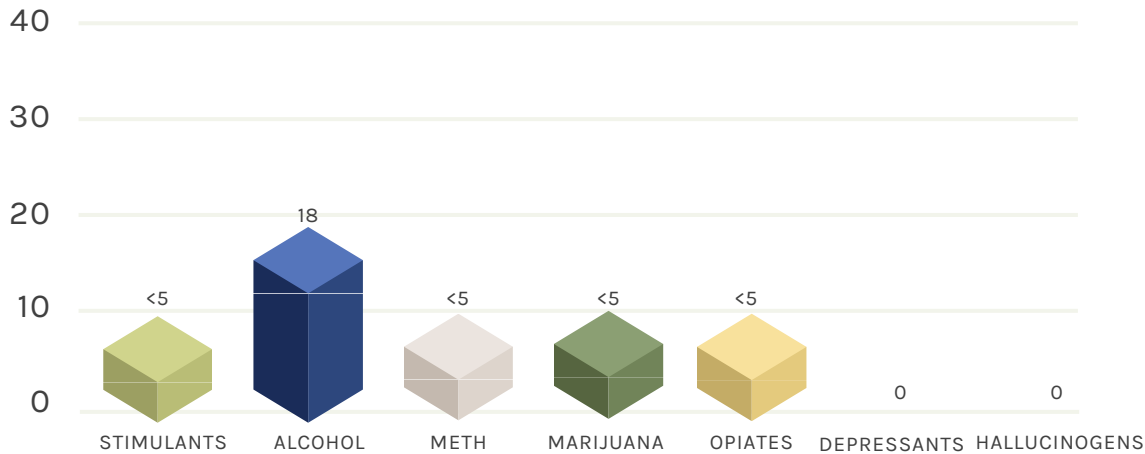
ADDICTIONS SERVICES: SIKSIKA MEMBERS GROUP & SUPPORT SERVICES PARTICIPATION

Compassionate support and group participation can be a key aspect of healing for many dealing with substance use disorder. This month, Siksika members participated in the following groups and support services:

Siksika Members Group & Support Services Participation	
Group or Support Service	# Members
Narcotics Anonymous ("NA") Support Group	5
Alcoholics Anonymous ("AA") Support Group	9
Peer Support Group or One-to-One Peer Support	0
Naloxone/Narcan Training	0
16-Week Matrix Outpatient Treatment Program	0
Detox Program	0

SUBSTANCES USED

Siksika Addictions Services current members report use of the following substances. Some individuals report additional presenting issues: polysubstance use or dual diagnoses in combination with mental health issues, etc.



Current Addictions Services Members - Number of People Reporting Substance Used in December 2023

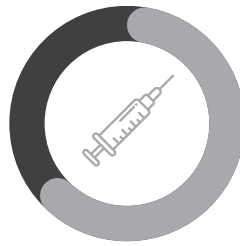
DRUG POISONING & PREVENTION STATISTICS

Often referred to as an “overdose”, a poisoning occurs when a toxic amount of a substance overwhelms a person’s body. Naloxone is an opioid agonist medication that can rapidly (though temporarily) reverse an opioid overdose. Siksika Nation members are strongly encouraged to have a kit on-hand, and be trained in recognition and response to overdose. Kits are available and free of charge at locations across Siksika; visit siksikahealth.com for current locations.



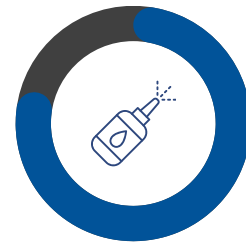
9

Drug Poisoning/Overdose Calls Received by Siksika EMS (Dec. 2023)



456

Number of Naloxone / Narcan Kits Delivered to Community (Dec. 2023)



<5

Number of Times Narcan was Given by Siksika EMS (Dec. 2023)

SUBSTANCE DEPENDENCY DETOX & AGONIST THERAPIES

Detoxification (detox) is the process that occurs in the body as it eliminates toxins from long-term substance use. At Siksika Health Services, supervised detox often involves medication, medical observation, and counselling.

Siksika Community Paramedics & Clinical Services Detox & Agonist Therapies: December 2023	
Intervention Type	# Individuals
New In-Home Opioid Agonist Therapy (Suboxone) Clients - MetroCity Partnership	6
New In-Home Alcohol Detox Clients	<5
Ongoing Clients on Oral Opioid Agonist Therapy (Suboxone)	45
Ongoing Clients on Injectable Opioid Agonist Therapy (Sublocade)	22
Total Addictions-Related Client Visits for Community Paramedics	70

Data presented in this report is made available by various interrelated services: Siksika Addictions Services, Community Paramedics, Community Health, EMS, Mental Wellness Crisis Response Team, Alberta Health, AHS, MetroCity, and other partners.