



OCTOBER 2022 SOKSISTOMSIN



Siksika Health Services Receives Palliative & End of Life Care Grant

Siksika Health Services is pleased to announce its success as one of twenty-five funding recipients of the province of Alberta's Palliative & End of Life Care (PEOLC) Community Capacity Building Grant Program.

The new resources will enhance Siksika Health Services' capacity to care for Siksika Nation's palliative patients by allowing more people to receive the compassionate and culturally-sensitive care they require, without having to leave their home or community, and keep Siksika Nation families together longer.

Access to appropriate and timely palliative and end-of-life care is of critical importance. In remote communities like the Siksika First Nation, located ~100km East of the city of Calgary, this challenge is met by Siksika Health's Home Care program, through which health professionals provide in-home care for those nearing end-of-life.

To-date, the program has run with limited capacity; this new funding will allow the existing program to: develop effective caregiver supports for Siksika Nation members in their homes and community; establish

and implement palliative care education and training for community members, family, and healthcare providers; and empower more community members to receive the care they require in the comfort of their homes and community.

Siksika Health Services is looking for your input and knowledge about our palliative care services.

Your opinion is greatly appreciated and valued, Please Contact cheryls@siksikahealth.com to provide feedback.



Protect yourself, your family and your community. Get immunized!

Flu Vaccine Clinic Starting October 17



12:00 p.m. to 7:00 p.m.
Monday to Friday
Deerfoot Sportsplex

COVID-19



Bivalent Vaccine information

How to determine your eligibility

- You are at least 18 years of age
- You have had at least 2 COVID-19 vaccines of any kind (ie. Pfizer, Moderna)
- It has been at least 5 months since your last COVID-19 vaccine
- It has been at least 5 months since you were infected or treated for COVID-19
- You are not allergic to any component of the vaccine - ask the community health team if you have questions



Get your shot Tuesdays & Thursdays from 10:00 A.M. to 4:00 P.M.

At the Siksika Health & Wellness Centre

Deerfoot Sportsplex Hosts Calgary Hitmen Pre-Season Game



For the second year in a row, Siksika Nation hosted the Calgary Hitmen's pre-season opening game at the Siksika Deerfoot Sportsplex on Sept. 17, 2022 against the Edmonton Oil Kings.

The aim of the partnership is to create the new normal for the promotion of cultural awareness in sporting events, with the hope of expanding the power and reach that events like this can have on communities.



The Calgary Hitmen and Siksika Health Services signed a Memorandum of Understanding (MOU) in 2021 and through the signing of the MOU, the partners commit to continued growth of the vision and engagement of the Every Child Matters game: to inspire all youth, with a focus on Indigenous youth, to participate in sports, and to understand that we can heal collectively through reconcili-action.

Together, the partners are working to address stereotypes and racism by advancing inclusion in our communities through the promotion of Indigenous culture, language and history, and promote healthy lifestyles for all youth by highlighting the benefits of participation in sport. Final score of the game was 3-2 for the Calgary Hitmen



Bret Hart's Walk of Fame Donation to SN7



Bret 'Hitman' Hart was inducted into Canada's Walk of Fame in 2021. Bret is a close friend and supporter of Siksika Health Services and the public celebration to honour Bret on September 12 included a special recognition of our friendship.

Each inductee into Canada's Walk of Fame receives \$10,000 to donate to charity and Hart has selected to evenly divide the money between the our SN7 youth program and Water First, an organization dedicated to providing sustainable access to safe, clean water in Indigenous communities in Canada.

Siksika SN7 is a group of youth and young adults who provide peer-to-peer support, programs and activities for other youth and young adults in Siksika Nation, and beyond. SN7 promotes

healthy lifestyles, including support and skill-building in physical fitness and physical literacy, recreational activities, essential skills, mental wellness, and culture.

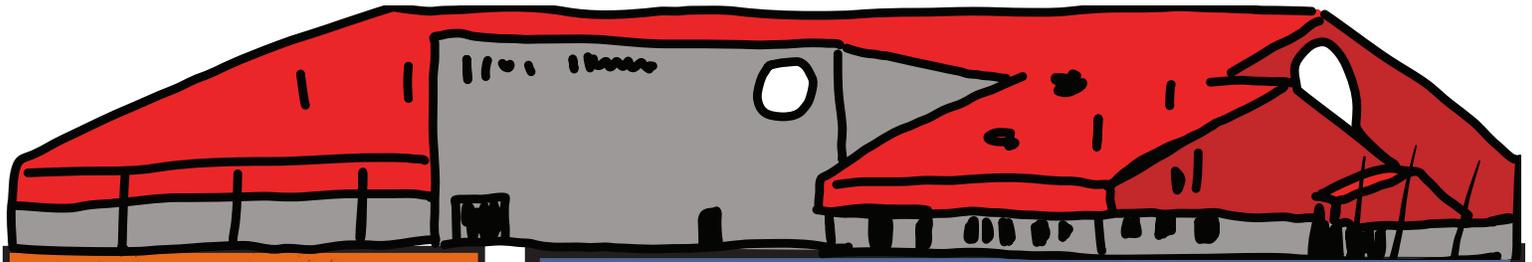
The hometown ceremony was held at 11:45 a.m. on Sept. 12 at the Victoria Pavilion, located at 1800 Stampede Trail S.E., near the south entrance to the Stampede grounds.

The ceremony, which was free to attend, included traditional drumming from Siksika's Sorrel Rider Drum Group, a blessing from Siksika Elder Clement Leather, and performances of the national anthem, as well as a song dedicated to Hart, by 15-year-old Kaiya Gamble.

Siksika Health Services is truly honoured.



Siksika SN7 Activities



SIKSIKA NATION BASKETBALL LEAGUE

USE QR CODE TO REGISTER

MENS & WOMENS DIVISION
SINGLE PLAYER SIGNUP
AGES 15 YRS +
\$25.00 PLAYER FEE



REGISTRATION DEADLINE:
NOVEMBER 1, 2022





STARTING OCTOBER 18, 2022
TUESDAY & THURSDAYS
6:30 PM START TIME
HOSTED BY SIKSIKA HOPE TEAM & SN7

AS OUR ANCESTOR'S WOULD SAY

ESK SAH POH PAWAANI

(ALWAYS MOVING AROUND)

ARBOR EVERY TUESDAY'S FROM 4PM-5PM

FROM OCTOBER 18 TO NOVEMBER 30

BCHP EVERY WEDNESDAY FROM 5PM-6PM

LEARN ANY CATEGORY!

BOYS AND GIRLS GET YOUR BODY MOVING WITH THE SIMPLE STEPS OF POW-WOW

ONCE A WEEK FOR 7 WEEKS LEARN, PRACTICE, TEACH, AND/OR IMPROVE YOUR STYLE

REGISTER HERE



For more information Email sn7.team@gmail.com

Disclaimer: Siksika Health Services will not be responsible for loss, damage, theft or injury to person or property during the entire event. Siksika Health Services will be taking photographs of staff, participants and property during this event. If you do not want your photograph used for future management or advertising purposes, please send written correspondence to M. Tyler White, CEO at box 1130, Siksika, AB T0J3W0.

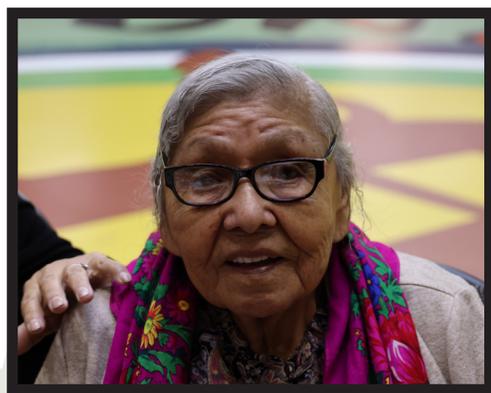
- Adaptive Lacrosse
Date: Thursday November 17 - December 22, 2022
Time: 5:00pm-7:00pm
Venue: Deerfoot Sportsplex/Arbour
Details: 1 day a week.

- Minor Basketball
Time: 5:00pm - 7:00pm
Every Tuesdays

- Esk sah poh pawaani
Powwow - Workout
Time 5:00pm - 6:00pm
Every Tuesday at Arbor
Every Wednesday at BCHP

FOLLOW US FOR MORE YOUTH INSPIRED ACTIVITIES

Siksika elders come together to enjoy a Thanksgiving dinner





Every Child Matters Traditional Powwow a Success

Thank you to the 7500 people who attended, danced, sang and supported the Every Child Matters Traditional Powwow on September 30th at the Scotiabank Saddledome.

We would also like to thank the organizers, Calgary Sport and Entertainment Corporation and our sponsors for ensuring the event went smoothly

The National Day for Truth & Reconciliation, known more commonly to Indigenous communities as “Orange Shirt Day”, honours those who attended Residential Schools in Canada, their families, and communities.

By commemorating the legacy of Residential School survivors, and those who never returned home, we participate in a vital component of the reconciliation process

This was an amazing opportunity for Siksika Health, Calgary Hitmen, and the Calgary Sport and Entertainment Corporation to educate fans, raise awareness, and understand reconciliation. This event aligned with the partnership’s mission to work together to address stereotypes and racism by advancing inclusion in our communities through the promotion of Indigenous culture, language and history.



OCTOBER 2022 SOKSISTOMSIN



Siksika Minor Hockey Association



<u>MONDAY</u>	5:00 – 6:15	U-7 (Pre-Novice)
	6:15 – 7:30	U-11 Female
	7:30 – 7:45	<i>Flood</i>
	7:45 – 9:00	U-15 (Bantam)
<u>TUESDAY</u>	5:00 – 6:15	Can-Skate
	6:15 – 7:30	U-11 (Atom)
	7:30 – 7:45	<i>Flood</i>
	7:45 – 9:00	U-13 (Peewee)
<u>WEDNESDAY</u>	5:00 – 6:15	U-7/U-9 half-ice
	6:15 – 7:30	U-11 (Atom Female)
	7:30 – 7:45	<i>Flood</i>
	7:45 – 9:00	U-15 (Bantam)
<u>THURSDAY</u>	5:00 – 6:15	U-9 (Novice)
	6:15 – 7:30	U-11 (Atom)
	7:30 – 7:45	<i>Flood</i>
	7:45 – 9:00	U-13 (Peewee)

PLEASE NOTE: THIS SCHEDULE IS SUBJECT TO CHANGE

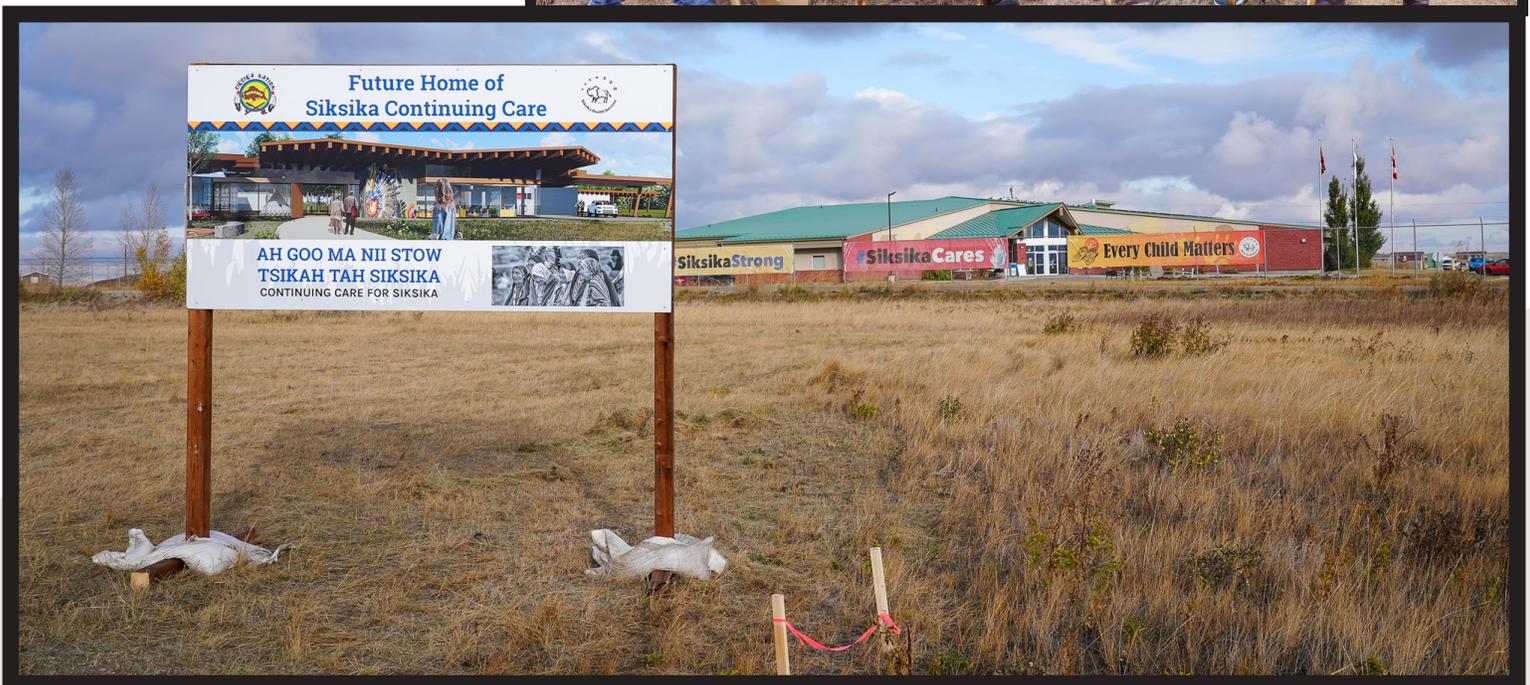
Historical ground-breaking celebration

Friday October 17, 2022, Siksika Health Services celebrated a historical ground-breaking event at the site of the future Siksika Continuing Care Centre located just west of the Siksika Health and Wellness Center

Continuing Care in Siksika Nation will serve the community for generations by supporting those living in the community with facility-based care as needed.

The future of continuing care includes the transition of the existing Siksika Elder's Lodge residents and expanded services so that Siksika elders, for the first time, will have access to long-term care and designated assisted living in Siksika

Thank you to Siksika Council representatives and Elders Lodge residents for joining us on this momentous occasion.





October 2022 SOKSISTOMSIN