

Recipe

Meatloaf



Prep: 20 minutes
Cook Time: 60 minutes



Intermediate



Serves: 2

Ingredients:

- 0.75lb Ground Beef
- ¼ cup Oatmeal
- 1 large Egg
- ¼ cup Onion, chopped
- ¼ teaspoon Salt
- Pinch of Pepper
- ½ a 10oz can of Tomato soup
- 1 tablespoon Ketchup

Directions:

1. Mix ground beef, oatmeal, eggs, onion, salt, pepper and soup.
2. Mold into loaf in a shallow baking dish.
3. Bake at 350 degrees for 45 minutes
4. Pour off excess fat.
5. Pour ketchup over loaf.
6. Return to oven for 15 mins or until loaf is nicely glazed.

