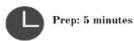






Sliced Apples or Bananas with Peannt Butter







Easy



Serves: 1

## Peanut Butter & Banana Sandwich Ingredients:

- · 2 slices Bread, toasted
- · 1-2 Tbsp. Peanut Butter
- 1 Banana, sliced (can substitute with different fruit if prefer)
- · 1 Tbsp. jam (optional)

## Canned Chicken and Crackers Ingredients:

- · 1/2 can of canned chicken
- 8-12 crackers
- Pepper to taste

## <u>Sliced Apples or Bananas with Peanut Butter</u> <u>Ingredients:</u>

- 1 Apple or Banana
- 1-2 Tbsp. Peanut Butter

### Peanut Butter \$ Banana Sandwich Directions:

- 1. Toast 2 slices of bread
- 2. Slice banana or fruit of choice
- 3. Spread peanut butter on one side of each bread slice
- 4. Assemble sandwich with fruit in between the 2 bread slices

# Canned Chicken and Crackers Directions:

- Spread canned chicken evenly onto crackers
- 2. Add pepper to taste
- 3. Enjoy!

Sliced Apples or Bananas with Peanut Butter Directions:

1. Slice fruit and dip in peanut butter