

Recipe

- Peanut Butter and Banana Sandwich
- Canned Chicken and Crackers
- Sliced Apples or Bananas with Peanut Butter



Prep: 5 minutes



Easy



Serves: 1

Peanut Butter & Banana Sandwich Ingredients:

- 2 slices Bread, toasted
- 1-2 Tbsp. Peanut Butter
- 1 Banana, sliced (can substitute with different fruit if prefer)
- 1 Tbsp. jam (optional)

Canned Chicken and Crackers Ingredients:

- ½ can of canned chicken
- 8-12 crackers
- Pepper to taste

Sliced Apples or Bananas with Peanut Butter Ingredients:

- 1 Apple or Banana
- 1-2 Tbsp. Peanut Butter

Peanut Butter & Banana Sandwich Directions:

1. Toast 2 slices of bread
2. Slice banana or fruit of choice
3. Spread peanut butter on one side of each bread slice
4. Assemble sandwich with fruit in between the 2 bread slices

Canned Chicken and Crackers Directions:

1. Spread canned chicken evenly onto crackers
2. Add pepper to taste
3. Enjoy!

Sliced Apples or Bananas with Peanut Butter Directions:

1. Slice fruit and dip in peanut butter