

Recipe

Yogurt Breakfast Parfait



Prep: 5 minutes



Easy



Serves: 1

Ingredients:

- $\frac{3}{4}$ cup yogurt
- $\frac{1}{2}$ cup fruit of choice (fresh, frozen or canned)
- $\frac{1}{2}$ cup cereal

Directions:

Put yogurt in a bowl and top with fruit and cereal.

