

Recipe

Scrambled Eggs in a Mug



Prep: 5 minutes
Cook Time: 1.5-2 minutes



Easy



Serves: 1

Ingredients:

- 1 egg
- 1 Tablespoon milk
- Optional: canned spam, diced or canned chicken, shredded
- Salt and Pepper, if desired

Directions:

1. Crack egg into a microwave safe mug.
2. Add milk and beat until light yellow in color.
3. Add in any other additions.
4. Heat in microwave until thoroughly cooked and fluffy, about 90 seconds.

