



# SIKSIKA HEALTH SERVICES

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## Public Health Considerations for Group Activities During the COVID-19 Pandemic

These public health considerations intend to help prevent the spread of COVID-19 and keep the community safe. These considerations can be applied to group activities, therapy sessions, work meetings, community programming, cultural activities, other community events, funerals, wakes and memorials.

Gatherings and group activities should have a clear plan to manage infection prevention and control during the pandemic. This plan should outline person(s) responsible for developing and implementing that plan.

The **specific number of people allowed to gather** under Public Health Orders is generally a maximum number, that should only be permitted if the space and organization of the group activity permits physical distancing, cleaning and disinfection and other public health measures. In situations where this cannot be maintained, groups may need to be smaller for organizers to be able to maintain preventive measures to reduce the risk of COVID-19 transmission during the activity. **See more below, regarding “Gathering Size”.**

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## Summary of Recommendations

- **Prepare a plan for the event, including people, materials and training required before the event**
  - **Anyone who is ill should not attend any type of gathering;** if become ill during the event, they should go home directly.
  - Holding events outdoors will assist in lowering the risk of spreading COVID-19
  - **Maintain a list of all participants**, in case contact tracing needs to be done. Contact tracing is the process of identifying people who might have come in contact with people infected with COVID-19. Contact tracing helps limit the spread of infection within a community.
  - **Health screening of all participants** should take place before people enter the meeting area. Health screening refers to the use of simple tests to detect possible health risks in people. This can be done by any designated person – doesn't need to be a health professional.
    - General screening tools are attached, with instructions.
      - Using the Health Screening Log automatically provides a list of participants
    - It is important that meeting leaders keep health information confidential & stored securely.
  - **Physical distancing** of at least 2 meters between individuals, or between people from different households should be maintained throughout the event
  - **Hand hygiene and cough/sneeze hygiene measures** recommendations can be posted, and supplies are available for people to follow hygiene practices
  - **Environmental cleaning and disinfecting** protocols implemented by custodians who are trained in enhanced procedures
  - **Important that food service providers** implement infection control & prevention practices
  - **Funerals, wakes and memorials** can occur with precautions taken to minimize risks
  - **Cultural and ceremonial activities** can occur with precautions taken to minimize risks
- 

## Detailed Recommendations for All Types of Gatherings and Group Activities

### When planning group activities, organizers should consider the following questions:

- How can the number of people physically present be limited?
- Can videoconferencing technology or drive-in option be used to allow participation while minimizing the number of people physically present?
- How can specific high-risk activities be omitted or modified to prevent and reduce risk?
- What infection control measures should be added to reduce risk?

### The following public health measures are important to consider for all group activities:

#### Health Screening

- Anyone who is ill, even with mild symptoms, should not attend gatherings of any kind
- Elders or those with chronic health conditions may consider limiting their attendance at large gatherings, or restrict contact with others as much as possible
- Health screening is recommended for all people entering a gathering venue
- Screening for controlled building or facilities includes taking a temperature and asking questions about symptoms related to COVID-19 and risk factors (such as recent out-of-province travel, close contact with person who is a confirmed or probable case, and close contact with anyone with a fever or cough illness.
- Limit the number of entrances to the indoor or outdoor venues to enable physical distancing and conduct health screening

## Physical Distancing

**Physical distancing of at least 2 meters between people who do not live in the same household is maintained throughout the event.**

- For indoor events, plan to use a room large enough to place chairs at least 2 meters apart
- In an outdoor venue, ensure the venue has an area large enough to allow physical distancing
- People who live in the same household together (household member “cohorts”) can remain close together
- Attendees from different households should maintain distancing of at least 2 meters apart from other cohorts
- Refrain from handshaking/hugging or any physical contact between people who do not live together
- Ensure washroom use is staggered to allow at least 2 meters between people using washrooms
- Sports activities should not include a shared item (such as a ball) that is touched frequently unless it is sanitized frequently between use
- Organizers may consider using video or other means to allow participation in gatherings without having as many people physically present

## Hand Hygiene & Cough/Sneeze Hygiene

**Hand hygiene & cough/sneeze hygiene is reinforced for attendees**

- ***Anyone who is ill should not attend gatherings of any kind; anyone who becomes ill should go home directly***
- Ensure handwashing or hand sanitizing is easily accessible for participants
- Signage regarding handwashing and cough/sneeze etiquette is recommended to be posted in visible locations in the building/hallway and meeting room or throughout the outdoor venue
- Tissue boxes should be available and open top garbage cans for tissue disposal, to avoid multiple individuals touching lids
- Refrain from sharing items among participants (papers, pens, electronic devices, eating utensils/plates, etc.)
  - It is recommended that individuals bring their own pipes and other ceremonial items
- Masks can be worn by participants as an option
  - Ensure proper disposal of masks (anyone who is ill should not attend)
- Gloves are not encouraged (except in accordance with food service practices, or household gloves worn during cleaning and disinfection); good hand hygiene is most effective

## Environmental Cleaning & Disinfection

**Environmental Cleaning & Disinfecting Occurs Frequently**

- If meeting within a building, ensure **trained custodian support** is available to **clean & disinfect meeting rooms and washrooms frequently, with focus on high touch surfaces**
- **If meeting outdoors, or in a structure such as a teepee**, review the venue in advance to identify high touch surfaces
  - Ensure vendors (food, crafts, etc.) & those bringing food have cleaning solution spray bottles / cleaning cloths to frequently clean and disinfect their booth counters and service areas

- Identify doors/fences/gates/handrails that may be high touch surfaces
- Ensure washrooms and portable toilets are cleaned frequently, with focus on high touch surfaces such as door handles, sinks, water faucet handles, lids, etc.
- Have spray bottles/cleaning cloths available in the meeting area to clean hard surfaces in case participants cough/sneeze or cry and spray droplets onto surfaces around them

## Food Services

### Put Precautions in Place for Food Services

**Food Service can carry a high risk of transmission if the method of food service uses items that many people touch (i.e. self-serve methods).**

- These high touch surfaces include **common serving utensils** (spoons, tongs, etc.), **self serve beverage dispensers or machines** (coffee pots/carafes, slushy machines, etc.), **and common use condiment containers** (ketchup, mustard, salt/pepper, sugar spoons, cream/milk containers, napkin dispensers, etc.)

Consider the following options to reduce risk of transmission through food service:

- **Provide pre-packaged portions (bag lunches) or commercially packaged individual servings**
- Have a server pour beverages such as coffee or tea, rather than have self-serve methods for beverages
- Provide individual condiment packages rather than self-serve options (i.e. avoid having a common spoon used for serving sugar, cream jug, ketchup bottle, mustard container, etc.)
- Refrain from **self-serve** food service with common serving dishes and common serving utensils
  - Reduce risks of buffet-style food service by having one server, wearing gloves and following food safety requirements, to dish individual portions to participants
  - Consider preparing single serving portions ahead of time
- Ensure people waiting for food in line-ups can maintain 2 meters distance, by using barriers and/or signage (see signage available on Siksika Health Services' website: <http://siksikahealth.com/resources/>)

## Gathering Size

Gatherings should only be permitted if the space and organization of the group activity permits physical distancing (2 meters apart), cleaning and disinfection and other public health measures. In situations where this cannot be maintained, groups may need to be smaller for organizers to be able to maintain preventive measures to reduce the risk of COVID-19 transmission during the activity. Specific recommended maximums, provided by Siksika Nation's Fire Chief, include the following examples:

- Siksika Arbour: maximum 50 people
- Siksika Resource Development Limited (SRDL) Meeting Rooms:
  - 1 room: maximum 5 people
  - 2 rooms: maximum 10 people
  - All meeting rooms together: maximum 20 people
- Support Centre Meeting Rooms: maximum 5 people/room
- Margaret Water Chief meeting room: maximum 15 people
- Siksika Health Services multipurpose room (MPR): maximum 10 people
- School or Sportsplex gymnasiums: maximum 25 people
- Funerals and Wakes: maximum 50 people at one time **in all facilities** used for the event

## Considerations for Specific Gatherings

Some gatherings and events may carry risks specific to those activities, for example:

- Gatherings at which participants/attendees may be more likely to come into close contact with others for comfort and/or connection;
- **Emotional events** at which people may be tearful and require more use of tissues;
- **Singing** carries a higher risk as infected people can transmit the virus through their saliva or respiratory droplets over a longer distance (farther than 2 meters).
- **Many people** inside an enclosed space, especially if singing, carries a higher risk
- **Objects that are usually shared/touched** by the participants' hands or mouth, such as a pipe, could be a source of transmission, as respiratory droplets containing viruses can contaminate the object and transmit the virus to others as the object is passed from person to person.

When planning group activities, organizers can consider the following questions:

- How can the number of people physically present be limited?
- Can videoconferencing technology or drive-in option be used to allow participation while minimizing the number of people physically present?
- How can specific high-risk activities be omitted or modified to prevent and reduce risk?
- What infection control measures should be added to reduce risk?

## Funerals, Wakes and Memorials

Funerals, viewings and graveside services

- It is important that physical distance of 2 meters can be maintained between individuals from different households, in both indoor and outdoor gatherings
  - If this is not possible to maintain at all times, consider providing masks to participants
  - Whenever possible, conduct funeral planning over the phone, or limit the number of people to meet with funeral directors
  - For indoor viewings and funerals
    - Consider limiting the viewing or funeral service held indoors to only members of the immediate household; OR
    - Stagger the access of people into the viewing area or funeral to ensure 2 meter distance between those waiting in line or during the service
- Refrain from touching the body and have hand sanitizer available in case the body is touched. This is particularly important if the deceased was known to have had COVID-19
- Have tissue boxes and open garbage cans available for use by attendees

Wakes and memorials with many attendees in a small indoor space:

- Consider instead using an outdoor venue where physical distancing can be maintained
- Consider staggering attendees' entrance into an indoor venue to ensure there is enough room inside to maintain physical distancing
- Follow recommended food service practices if food is provided at the event (see pages 2 & 3)
- Have tissues and open garbage cans available
- Consider providing masks to attendees, especially to family members of the deceased person, as they may be in contact with many people paying their respects
- When possible, avoid handshaking/hugging/kissing, and ensure handwashing facilities and hand sanitizer is available

## Drum Groups / Singers

- Individuals with any illness symptoms of any kind should not attend
- It is now also known that people can be infected and transmit the virus without having any symptoms, or having very mild symptoms
- Singing carries a higher risk as infected people can transmit the virus through their saliva or respiratory droplets over a longer distance.
- At this time, a specific safe distance between singers, or between singers and observers, is not known, except that singing can spread droplets farther than 2 meters. It is recommended to have as great a distance as possible because of higher risk.
- Consider having singers in an outdoor area with physical distancing (as far apart as possible)
- If singing in an enclosed space such as a teepee:
  - Consider encouraging singers to wear masks
  - Consider limiting the number of people in the enclosed space at one time
  - Consider opening up the sides of the enclosure to allow more air circulation
- Consider positioning drum groups **outdoors in open air and ensure physical distancing between drummers or drum groups.**
  - Consider having individual hand drums with singers facing away from others; this would pose a lower risk than many people gathered around a big drum
  - Consider limiting the number of singers around a big drum (smallest number possible) in order to allow more spacing (greatest distance possible)
- Each drummer should have their own drumstick. Ensure any equipment, such as microphones, or drumsticks that are moved between drummers are appropriately cleaned between uses
- Observers of drum groups and singers should maintain physical distancing as far as possible, considering a safe distance from singers is unknown
- Signage may be required to remind spectators to maintain physical distancing (see signage available on Siksika Health Services' website: <http://siksikahealth.com/resources/>)

## Pow Wow Arena Considerations

- Individuals with any illness symptoms of any kind should not attend
- It is important that a physical distance of 2 meters can be maintained between individuals to safely reduce transmission risk during an event
  - If this is not possible to maintain at all times, consider providing masks to participants
- Consider limiting the number of dancers in the arena to maintain 2 meters of separation from other dancers (i.e. perhaps have only 1 dancer per 2 square meter area), singers, judges, or other powwow staff.
  - This may require re-arranging of the event to splitting categories or age divisions, or reduce large participation in intertribal events
- Arrange the process of processions / Grand Entry to maintain 2 meter distances between participants
- Fixed seating, such as bleachers in an arena, should be limited to 50% of the site's usual capacity or the buildings maximum recommended number, whichever is lower, to allow physical distancing between individuals or household cohorts (people who live together).
- Public health measures that apply to all gatherings should be implemented for these events, such as controlling access to the venue, health screening at the entrance, maintaining physical distancing while waiting for washroom use or to get food, and enhanced cleaning and disinfecting of high traffic areas and surfaces

## Drive-in Events

- Individuals with any illness symptoms of any kind should not attend
- Communities could consider modifying events to be held outdoors, with spectators able to observe and participate with a drive-in component, to maintain physical distancing
- Organize the drive-in parking area to consider the following: (Signage may be required as reminder)
  - Vehicles should be separated by at least 2 meters
  - Spectators from the same household could observe the event from inside their vehicles
  - Spectators could stand outside their vehicles, if the windows on the next vehicle are closed, or a minimum of 2 meters is maintained from other observers
  - Physical distancing should be maintained in washroom and food service wait lines

## Sundance

- Individuals with any illness symptoms of any kind should not attend. If an attendee becomes ill during the event, they should go directly home & contact the Siksika CDC team at [cdc@siksikahealth.com](mailto:cdc@siksikahealth.com)
- It is now also known that people can be infected and transmit the virus without having any symptoms, or having very mild symptoms
- Singing carries a higher risk as infected people can transmit the virus through their saliva or respiratory droplets over a longer distance.
  - At this time, a specific safe distance between singers, or between singers and observers, is not known, except that singing can spread droplets farther than 2 meters. It is recommended to have as great a distance as possible between singers.
  - **Singing in enclosed spaces**, such as a teepee, **poses a very high risk of transmission of respiratory viruses.**
- Consider holding ceremonies in the open air
  - Or, modify the enclosed space by lifting the sides to allow more air circulation, or using a canopy rather than an enclosure
  - If the ceremony is to be conducted without observers, consider holding the ceremony in the open air, and put up opaque barriers to maintain privacy
- Consider having participants wear masks, especially if a 2-meter distance cannot be maintained
  - For face painting or other activities where a participant's face must be exposed, consider encouraging all others within a 2 meter distance to wear masks
- Consider limiting the number of participants at any one time, or staggering participants to allow the greatest distancing possible
- If water is not to be used during the ceremonial time, consider using liquid soap & paper towels to clean hands (using hand sanitizers would be better if they meet the ceremonial criteria, as some contain water)
  - Cough/sneeze hygiene can be emphasized (cough/sneeze into arm or cover with a tissue rather than hands) if handwashing can not be done
  - Supplies such as tissues and open top garbage cans should be available to support cough/sneeze hygiene.
- **Objects that are usually shared/touched** by the participants' hands or mouth could be a source of spread, as respiratory droplets containing viruses can contaminate the object, and be passed on to others as the object is passed from person to person.
  - Consider having participants use individual ceremonial items, such as pipes, sweetgrass, sage, tobacco, etc. If items are shared, consider sanitizing between users.

## Checklists for Gatherings

### Indoor Gathering Checklist

| Planning: Objectives   | Tasks & Activities  | Done |
|--|---|------|
| <ul style="list-style-type: none"> <li>Put a COVID-19 infection prevention and control plan in place before the activity</li> <li>Review and plan modified activities or practices to minimize risk for COVID-19 transmission</li> </ul>   | <ul style="list-style-type: none"> <li>Responsibility for infection control is clear</li> <li>Prepare a plan</li> <li>Assign and train people to carry out the plan</li> <li>Identify &amp; complete pre-event preparations</li> </ul>  |      |
| <ul style="list-style-type: none"> <li>Pre-event preparation completed               <ul style="list-style-type: none"> <li><b>Materials acquired</b></li> <li>Staff/volunteers recruited &amp; assigned tasks</li> <li>Training completed</li> <li>Practice completed (dry run of processes including screening, crowd management)</li> <li>External vendors are informed of requirements</li> </ul> </li> <li>Site is assessed for space, bathroom facilities and high touch surfaces</li> </ul> | <ul style="list-style-type: none"> <li><b>Signage</b> is prepared (see Siksika Health Services' website: <a href="http://siksikahealth.com/resources/">http://siksikahealth.com/resources/</a>)</li> <li><b>Training</b> of screeners &amp; crowd management personnel is completed</li> <li><b>Trained Custodian</b> staff have been recruited</li> <li><b>Screening paperwork</b> prepared – see below (plus clipboard, pen, storage plan &amp; handouts)</li> <li><b>Thermometer</b> acquired</li> <li><b>Masks acquired</b></li> <li><b>Cleaning supplies, tissues, hand sanitizer, garbage cans acquired</b></li> <li><b>Crowd management/distancing tools have been acquired (ribbons/ropes, etc.)</b></li> <li><b>External vendors</b> have been briefed on requirements for service provision and cleaning</li> </ul> |      |
| Entrance: Objectives   | Tasks & Activities  | Done |
| <ul style="list-style-type: none"> <li>Set up Health Screening at building entrance or meeting room entrance</li> <li>Screen attendees as they enter, and each time they re-enter if they have left the building/grounds</li> </ul>  | <ul style="list-style-type: none"> <li>Prepare Screening Log &amp; Screening Questionnaires to document health screening (see below)</li> <li>Assign person to conduct screening (<b>training</b> may be required prior to event)</li> <li>Important that screeners wear masks</li> <li>Ensure thermometers are available (recommend no-touch scanner type - training recommended)</li> <li>Have stock of procedure masks available (to give to those who fail screening)</li> <li>Have handout sheets available for those who do not pass health screening <u>or become ill</u> at the event(see below)</li> <li>Assign person to control access &amp; ensure physical distancing in wait line &amp; throughout gathering</li> </ul>   |      |
| <ul style="list-style-type: none"> <li>Maintain list of participants (Screening Log)</li> </ul>  | <ul style="list-style-type: none"> <li>Documents securely stored during &amp; after the event</li> </ul>  |      |

| Meeting Room: Objectives   | Tasks & Activities   | Done |
|--|--|------|
| <ul style="list-style-type: none"> <li>Participants can maintain distancing of at least 2 meters apart</li> <li>Household member cohorts (people who live together) can remain together</li> <li>Attendees from different households can maintain distancing from others</li> </ul>                        | <ul style="list-style-type: none"> <li>Plan a meeting room large enough for the number of attendees</li> <li>Table / chair setup to allow household cohort physical distancing</li> <li>Restrict number of participants to 1/3 of the maximum allowed under fire code for the space</li> </ul>   |      |
| <ul style="list-style-type: none"> <li>Activities do not include sharing objects between participants</li> </ul>   | <ul style="list-style-type: none"> <li>Prepare individual objects for activity (paper, pens, electronic devices, utensils/plates, etc.)</li> </ul>   |      |
| <ul style="list-style-type: none"> <li>Cough/sneeze hygiene management</li> </ul>  | <ul style="list-style-type: none"> <li>Tissue boxes and open top garbage cans should be available in the meeting room</li> </ul>   |      |
| Participants: Objectives   | Tasks & Activities   | Done |
| <ul style="list-style-type: none"> <li>Attendees are aware of physical distancing, hand and other hygiene measures that will be implemented</li> <li>See Siksika Health Services website for signage:<br/><a href="http://siksikahealth.com/resources/">http://siksikahealth.com/resources/</a></li> </ul> | <ul style="list-style-type: none"> <li>Signage regarding public health measures are posted in building and meeting room.</li> <li>Activities do not include physical contact between participants</li> <li>Accessible handwashing or sanitizer</li> <li>Ensure washroom use is staggered to allow physical distancing</li> <li>Spray bottles of cleaning solution and cleaning cloths in the meeting room</li> </ul> |      |
| <ul style="list-style-type: none"> <li>Activities and/or practices are modified to minimize risk for COVID-19 transmission</li> </ul>  | <ul style="list-style-type: none"> <li>Practices that involve sharing items or singing are modified to reduce risk</li> <li>See other sections below for additional considerations by event</li> </ul>   |      |
| Food Service: Objectives   | Tasks & Activities   | Done |
| <ul style="list-style-type: none"> <li>Avoid <b>self-service</b> methods and use of common service utensils</li> </ul>   | <ul style="list-style-type: none"> <li>Food is pre-packaged or pre-dished into individual portions, including beverages.</li> <li>Have servers provide individual portions</li> </ul>  |      |
| Environmental Cleaning: Objectives   | Tasks & Activities   | Done |
| <ul style="list-style-type: none"> <li>Cleaning and disinfection of rooms before and after group activities</li> </ul>   | <ul style="list-style-type: none"> <li>Ensure custodial support to clean and disinfect meeting rooms, high traffic areas and washrooms with focus on high touch surfaces</li> </ul>  |      |

## Outdoor Gatherings Checklist

| Planning: Objectives   | Tasks & Activities   | Done |
|--|--|------|
| <ul style="list-style-type: none"> <li>Put a COVID-19 infection prevention and control plan in place before the activity</li> <li>Review and plan modified activities and practices to minimize risk for COVID-19 transmission</li> </ul>  | <ul style="list-style-type: none"> <li>Responsibility for infection control is clear</li> <li>Prepare a plan</li> <li>Assign and train people to carry out the plan</li> <li>Identify &amp; complete pre-event preparations</li> </ul>   |      |
| <ul style="list-style-type: none"> <li>Pre-event preparations completed               <ul style="list-style-type: none"> <li>Site is assessed for space, washroom facilities and high touch surfaces</li> <li>Materials acquired</li> <li>Staff/volunteers recruited &amp; assigned tasks</li> <li>Training completed</li> <li>Practice completed (dry run of processes including screening, crowd management)</li> <li>External vendors are informed of requirements</li> </ul> </li> </ul>                                       | <ul style="list-style-type: none"> <li><b>Signage</b> is prepared (see Siksika Health Services' website: <a href="http://siksikahealth.com/resources/">http://siksikahealth.com/resources/</a>)</li> <li><b>Training</b> of screeners &amp; crowd management personnel is completed</li> <li><b>Trained Custodian</b> staff have been recruited</li> <li><b>Screening paperwork</b> prepared – see below (plus clipboards/pens/storage plan &amp; handouts)</li> <li><b>Thermometers</b> acquired</li> <li><b>Masks</b> have been acquired</li> <li><b>Cleaning supplies</b> (solutions, cloths, spray bottles), tissues, hand sanitizers, garbage cans have been acquired</li> <li><b>Crowd management tools</b> have been acquired &amp; installed (ribbons/ropes, markers, etc.)</li> <li><b>External vendors</b> have been briefed on requirements for service provision and cleaning</li> </ul> |      |
| Entrance: Objectives   | Tasks & Objectives   | Done |
| <ul style="list-style-type: none"> <li>Control access to venue area</li> <li>Conduct Health Screening at entrance</li> <li>Screen attendees as they enter the venue &amp; each time they re-enter, if they have left the grounds</li> <li>Important that screeners wear masks</li> <li><b>For cultural /ceremonial events</b>, it would be ideal to have staff responsible for screening &amp; controlling access to the venue to be familiar with cultural practices in addition to training in public health measures</li> </ul> | <ul style="list-style-type: none"> <li>Install fencing or ribbons/ropes to identify controlled access</li> <li>Assign persons to control access &amp; ensure physical distancing in wait line at entrance</li> <li>Prepare Screening Log &amp; Screening Questionnaire forms to document health screening (see below)</li> <li>Assign persons to conduct screening (training may be required prior to event)</li> <li>Ensure thermometers are available (recommend no-touch scanner type – training recommended)</li> <li>Have stock of procedure masks available (to give to those who do not pass health screening)</li> <li>Have <b>handout sheets</b> available for those who do not pass health screening <u>or become ill</u> at the event (see below)</li> </ul>  |      |
| <ul style="list-style-type: none"> <li>Maintain list of participants (Screening Log)</li> </ul>  | <ul style="list-style-type: none"> <li>Documents securely stored during &amp; after the event</li> </ul>   |      |

| Venue Area  |   | Done |
|---|---|------|
| <ul style="list-style-type: none"> <li>• Ensure physical space is designed to enable physical distancing</li> <li>• Household member cohorts (people who live together) can remain together</li> <li>• Attendees from different households can maintain distancing of at least 2 meters apart from other cohorts</li> </ul> | <ul style="list-style-type: none"> <li>• Table / chair / bleacher setup</li> <li>• Restrict number of participants to space available</li> <li>• Ensure seating / viewing areas are large enough to allow household cohort physical distancing</li> <li>• Assign people to pass through crowds reminding cohorts to distance (use hockey stick or pool noodle to demonstrate the distance)</li> </ul>   |      |
| <ul style="list-style-type: none"> <li>• Activities do not include sharing objects between participants</li> </ul>  | <ul style="list-style-type: none"> <li>• Prepare individual objects for activity (paper, pens, relay race flags, ceremonial objects, etc.)</li> <li>• Individuals are encouraged to bring their own ceremonial items for person use (pipe, sage, sweetgrass, tobacco, etc.)</li> </ul>  |      |
| <ul style="list-style-type: none"> <li>• Cough/sneeze hygiene management</li> </ul>   | <ul style="list-style-type: none"> <li>• Tissue boxes and open top garbage cans should be available throughout the venue (particularly around food service and booths)</li> </ul>   |      |
| Participants: Objectives  | Tasks & Activities  | Done |
| <ul style="list-style-type: none"> <li>• Attendees are reminded of physical distancing, hand and other hygiene measures that should be implemented</li> <li>• See Siksika Health Services website for signage:<br/><a href="http://siksikahealth.com/resources/">http://siksikahealth.com/resources/</a></li> </ul>         | <ul style="list-style-type: none"> <li>• Signage regarding public health measures are posted at entrance and throughout venue area regarding physical distancing, cough hygiene, hand hygiene, and notices that anyone who is ill or who has symptoms should not attend</li> <li>• Activities do not include physical contact between participants that are from different household cohorts</li> <li>• Handwashing or hand sanitizer readily accessible</li> <li>• Ensure use of washrooms / portable toilets is staggered to allow physical distancing (assign persons to monitor washroom line)</li> </ul> |      |
| <ul style="list-style-type: none"> <li>• Modified activities and/or practices to minimize risk for COVID-19 transmission</li> </ul>   | <ul style="list-style-type: none"> <li>• Practices that involve sharing items or singing/drumming are modified to reduce risk</li> </ul>  |      |
| Environmental Cleaning: Objectives  | Tasks & Activities  |      |
| <ul style="list-style-type: none"> <li>• Cleaning and disinfection of high touch surfaces in the venue, especially washrooms and portable toilets</li> </ul>  | <ul style="list-style-type: none"> <li>• Ensure high touch surfaces in the venue are cleaned frequently (food or craft booth counters, washrooms/portable toilets, fencing, gates, etc.)</li> <li>• Assign custodial support to clean and disinfect frequently during the event</li> </ul>  |      |
| Food Service & Other Vendors: Objectives  | Tasks & Activities  | Done |
| <ul style="list-style-type: none"> <li>• Avoid self-service food methods and common service utensils use</li> </ul>   | <ul style="list-style-type: none"> <li>• Food is pre-packaged or individual portions, including beverages.</li> </ul>   |      |

|   |   |  |
|---|---|--|
|   | <ul style="list-style-type: none"> <li>• Provide single serve packets of condiments, rather than self-serve containers (mustard, ketchup, salt, pepper, sugar, cream, etc.)</li> <li>• Have designated food and beverage server(s)</li> <li>• Provide napkins with each individual serving, rather than using self serve napkin holders</li> </ul>  |  |
| <ul style="list-style-type: none"> <li>• Control access of patrons to concession stands / craft booths</li> <li>• Stands and craft booths are cleaned frequently</li> <li>• Monitor delivery of offerings/food</li> </ul> | <ul style="list-style-type: none"> <li>• Install fencing/ribbons to identify wait lines, with 2 meter distancing markers</li> <li>• Ensure customers can maintain 2 meters distance during service</li> <li>• Consider assigning persons to monitor wait lines &amp; remind patrons to maintain distancing</li> <li>• Have hand sanitizer available on counter and anywhere food is present</li> <li>• Vendors should have spray bottles of cleaning solution and cleaning cloths, to clean and disinfect high touch surfaces at their booths</li> <li>• Vendors and Food distributors should consider wearing masks during customer service times, and hand wash/sanitize frequently during the event</li> <li>• Craft vendors have signage at the booth directing patrons to only handle merchandise they are purchasing</li> </ul> |  |

## Health Screening Questionnaire: Group Activities or Meetings

Screen all participants in group activities/meetings before they enter the meeting area.

Fill in these details for **anyone who fails Health Screening**. Mark an answer to every question.

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_ (mm dd) & Time: \_\_\_\_\_

Participant's phone (Mandatory): \_\_\_\_\_

Participant has **Failed Health Screening - referred to the Meeting leader**. Screener's Initials: \_\_\_\_\_

| 1   | Temperature reading (temp of 38°C or higher is a fail) <span style="float: right;">Document all readings</span>   | °C  |    |
|---|---|-----|----|
| 2   | <b>Do you have any of these symptoms ?</b>  | YES | NO |
|   | • Fever   | YES | NO |
|   | • Chills  | YES | NO |
|   | • New Cough (or a worse chronic cough)  | YES | NO |
|   | • Runny nose or sneezing  | YES | NO |
|   | • Difficulty Breathing / Shortness of Breath (new or worsening)   | YES | NO |
|   | • Sore throat or painful swallowing   | YES | NO |
|   | • Feeling unwell or Fatigued or severe Exhaustion   | YES | NO |
|   | • Nausea or Vomiting or Diarrhea or Loss of Appetite  | YES | NO |
|   | • Headache  | YES | NO |
|   | • Muscle or Joint Aches   | YES | NO |
|   | • Change or loss of smell or taste  | YES | NO |
|   | • Pink eye (conjunctivitis)   | YES | NO |
| 3   | Have you, or <u>anyone</u> in your household, <b>travelled outside of Alberta</b> in the last 14 days ?   | YES | NO |
| 4   | Have you had <b>close contact</b> * with a <b>person who is ill with cough and/or fever?</b><br>(face-to-face contact within 2 meters / 6 feet)                                   | YES | NO |
| 5   | Have you, or <u>anyone</u> in your household, had <b>close contact*</b> in the last 14 days with <b>someone who is being investigated or confirmed to be a case of COVID-19 ?</b> | YES | NO |
| *Close contact = <b>without</b> Personal Protective Equipment, and/or <u>not</u> social distancing. |   |     |    |

**Participants who have a fever, or answered “Yes” to any question (did not pass screening):**

- **Are NOT to enter the meeting room or venue.** Provide a mask for the person to put on immediately

**Advise the participant to go home immediately, self-isolate and await further advice**

- **Provide the Handout for Attendees Who Do Not Pass Health Screening** (includes recommendation to contact Community Health for further instruction, and how to access testing by calling COVID-19 Response Unit (CRU) to make an appointment for testing (either at home or CRU drive through option)
  - **COVID-19 Response Unit (CRU) Dispatch (403-734-5688) to arrange testing** (at home or by appointment at the CRU Drive through option)
- **Meeting Leader should notify CDC Team as soon as possible by email at [cdc@siksikahealth.com](mailto:cdc@siksikahealth.com).** For questions about screening , contact Siksika CDC Team at [cdc@siksikahealth.com](mailto:cdc@siksikahealth.com) or at **403-734-5720**.

## **Handout for Group Activity Attendees Who Do Not Pass Health Screening or Who Become Ill While Attending or Participating in an Event**

**Thank you for your cooperation. You have been asked to go home, self-isolate, and request COVID-19 testing. Testing is recommended for anyone with new or worsening symptoms of any kind. This is a key step in protecting yourself, your close contacts, and the community from the spread of COVID-19.**

Please go straight home and contact Siksika Community Health and the Siksika COVID-19 Response Unit to arrange testing. Your information is confidential and will not be shared with anyone who is not directly involved in your care.

### **Contact Community Health by calling 403-734-5720**

- Provide your name and phone number
- A Community Health Nurse will call to check on your health & provide further information
- Expect a phone call from a Community Health Nurse today

**The Siksika COVID-19 Response Unit (CRU) is available to come to your home to do the test, or you can go to the CRU Drive Through option. Call 403-734-5688 to arrange testing.**

For those who are sick in the home:

- Try to isolate yourself away from others in your home
- Wash your hands with soap and water regularly
- Avoid contact with any elderly or family members with health conditions
- Cover your coughs and sneezes with a tissue or your elbow (not your hands)
- Avoid sharing household items like dishes, drinking glasses, utensils, and pillows

**If you are ill and need immediate medical attention call 911.**

**We are here to support you. Please answer the Community Health Nurse's phone call.**

|                            |  |
|----------------------------|--|
| Mental Health Line:        | 403-734-5660                                     |
| COVID-19 information line: | 403-734-5706                                     |
| Siksika Clinic:            | 403-734-5690, M-F, 9am – 4pm (closed over lunch) |